

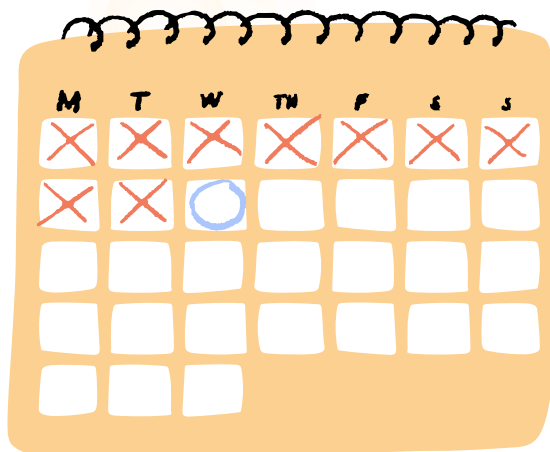
The Monthly Minute

Spring 2024: **MAY**

WELCOME TO MAY

“As full of spirit as the month of May, and as gorgeous as the sun in Midsummer.”

-William Shakespeare



CLICK ABOVE FOR GCC CALENDAR

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GREENDALE
COMMUNITY CHURCH
United Church of Christ

Adult Education

Classes & Events

ONGOING ADULT EDUCATION ACTIVITIES. CLICK [HERE](#) FOR MORE INFORMATION ON EACH.

SOUND HEALING BATH

Please bring a blanket, mat, and anything else for your comfort when lying on the ground. There will also be chairs available for those who prefer to sit. \$15

FRIDAY, 3/22 AT 7:00PM

TAI CHI : MONDAYS AT 9:00AM

YOGA WILL CONTINUE THROUGH THE WINTER ON TUESDAY EVENINGS AT 6:30PM AND THURSDAY MORNINGS AT 9:15AM

ONGOING GROUPS:

GRIEF CIRCLE: 1/22, 2/19, 3/18, 4/15, 5/20

VISIONS AND VALUES: 2/26, 3/25, 4/22, 5/28

PLEASE SEE THE FOLLOWING LIST OF OUR ADULT ED OFFERINGS WINTER/SPRING 2024

2/6: Live Like a Centenarian

2/20: Amma Syncretica: Desert Mother, mystic, teacher for our times

3/5: Build Your Village: Creating Nurturing Support Systems

3/19: The Lord's Prayer: from the Aramaic language that Jesus spoke

4/2: Healing Anger: the emotion that makes your mouth work faster than your brain

4/16: Living the Toxic Free Life for You and the Planet

5/7: Living as a Monk in this Crazy World

5/21: Centering Prayer

SIGN-UP at:
[greendale
community
church.org/
events](https://www.greendalecommunitychurch.org/events)



CLICK THE
QR CODE BELOW
TO SIGN UP



“Arise, then, women of this day! Arise all women who have hearts, whether our baptism be that of water or of tears! . . .

We women of one country will be too tender of those of another country to allow our sons to be trained to injure theirs. From the bosom of the devastated earth a voice goes up with our own. It says “Disarm, Disarm! The sword of murder is not the balance of justice.”

– Julia Ward Howe (abolitionist and suffragist)



We must renew the vision of Howe and be a voice for peace and justice in our church and in our world. Let us indeed celebrate Mother’s Day every day, but not with more candy and cards. Rather, let us honor those who mother, and all who identify as women, by joining them in the struggle at the front lines of movements for Just Peace, for bodily autonomy, for equality in the workplace, for the livelihood of all God’s children, and for the sustainability of the Earth itself!



**GCC
VALUES
& VISIONS**