

A wooden pier at sunset with a street lamp and a railing. The sun is low on the horizon, casting a warm glow over the scene. The pier is made of dark wooden planks, and a black metal railing runs across the middle. A street lamp is visible on the left side.

GRIEF CIRCLE

"Our grief is as individualized as our lives."
-famed psychologist Elisabeth Kuebler Ross

Grief is a powerful experience. Some of us grieve because we have lost people in our lives that we love. Some of us grieve because people we love are sick. Some of us grieve because the world is changing and it is hard to keep up. We are setting aside the third Monday of the month for the Grief Circle. It will be a safe space for people to share and find some solace.

9/18, 10/16, 11/20, 12/18

6:30 PM