

# Greetings,

I have a book on my desk titled, “Breath as Prayer” with 84 different breathing prayers, and meditations that go with them. I am relying heavily upon it in these days leading up to Carly’s ordination, as a host of emotions circle about me.

Certainly, I am so proud of our daughter. She has accomplished much since saying on a phone call in the Spring of 2017, “I attended some classes at United Seminary today, and I felt like I was exactly where I belonged.” She finished seminary with many accomplishments, interned/interimmed at two congregations while undergoing the arduous process of Ordination in the United Church of Christ, and on Sunday, she will finish that process by taking vows in front of all of you – people that she has known for most of her life.

I also have deep emotions of sadness welling within me, as I think of how her brother, Brennan, would be cheering her on if he were here. That sadness of losing a child never goes away, and is always so very present in life.

And, I think back upon all of the loving hands and hearts that have raised Carly up over the past thirty-two years of her life – her Sunday mom at Faith UCC in Slinger, Barb Meyer; her Sunday big brother Brett Meyer who fed her cheerios and is still very much like a big brother to her to this day, to the folks here at GCC who shaped her love of music – Carol Liederbach, Donna Mildebrandt, Art Jaehnke, Tom Reifenberg, Mike Jones, the communities of the Youth Choir, Youth Chime Choir, Youth Bell Choir, Chancel Choir, and Bel Campana. I think of Mission Trips she was on, experiences she had, Sunday School teachers, times in SEARCH – the list goes on and on and on.

Ordinations don’t happen too often. In the 85 years history of Greendale Community Church this is the second one – the first one being Walter Boris, who after serving several churches went on to become the Conference Minister of the Pacific Northwest Conference. I am so proud of you, as a congregation, and so thankful for all what you, as a congregation, have done to shape the pastoral heart of Carly Lillian Gaeth

.

Janice and I, look forward to celebrating with all of you this coming Sunday.

***Peace, Pastor Dave***

GREENDALECOMMUNITYCHURCH



# SUNDAY

MAY 18, 2025



# WORSHIP



**[CLICK HERE TO WORSHIP](#)**

[GREENDALECOMMUNITYCHURCH.ORG](https://greendalecommunitychurch.org)



# GCC Activities

May 15 - May 21

**16**

**FRIDAY**

**Sound Healing**

7:00 PM - 8:00 PM

**19**

**MONDAY**

**Tai Chi**

9:00 AM

**20**

**TUESDAY**

**Adult Ed: Breathwork Class**

1:00 PM - 3:00 PM

**20**

**TUESDAY**

**Restorative Yoga**

6:30 PM - 7:30 PM

**22**

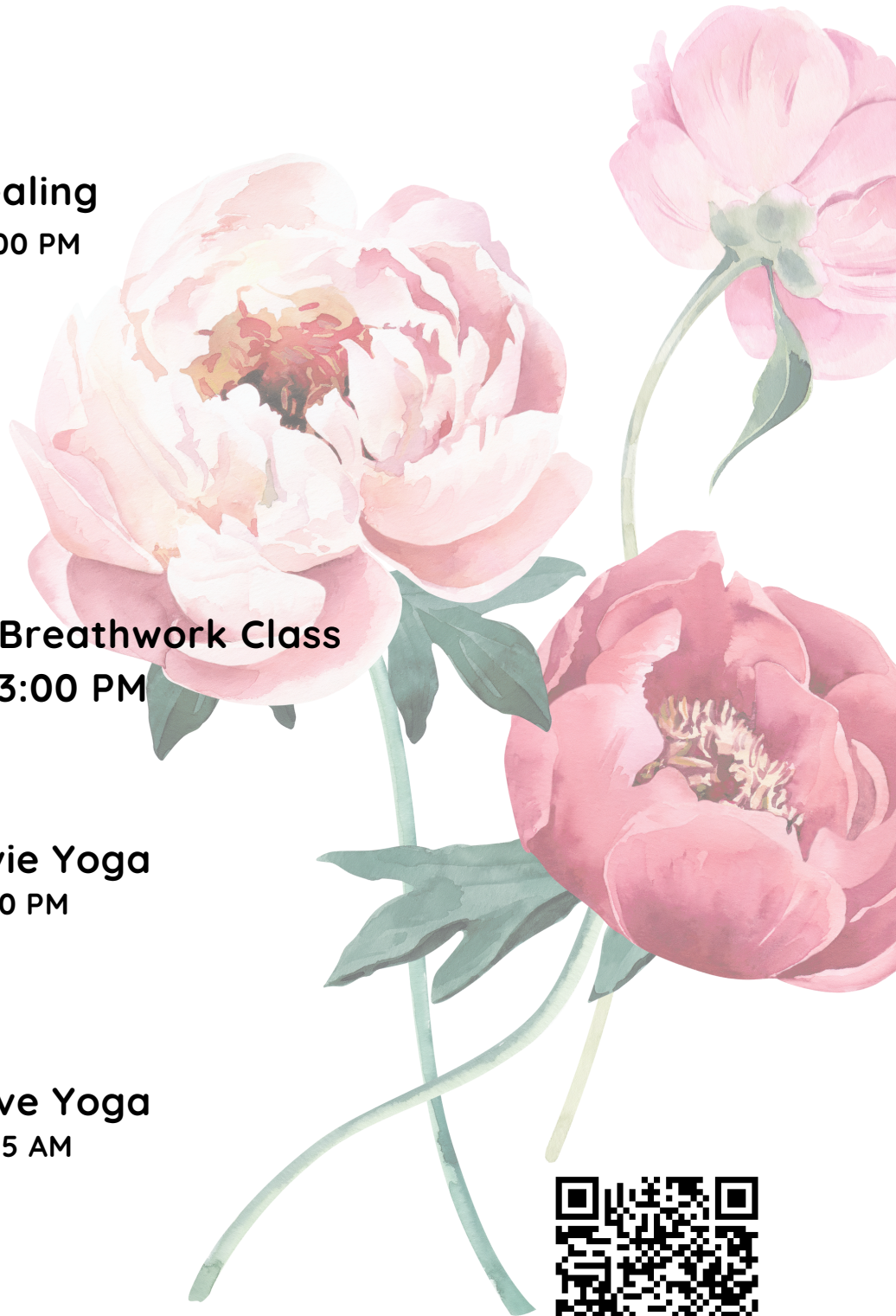
**THURSDAY**

**Restorative Yoga**

9:15 AM - 10:15 AM



MONTHLY CALENDAR



# BREATHWORK *series*

[WWW.GREENDALE  
COMMUNITYCHURCH.ORG  
/EVENTS](http://WWW.GREENDALECOMMUNITYCHURCH.ORG/EVENTS)

## **BREATHING FOR BALANCE AND RELAXATION: 5/20 • 1:00 PM**

EXPLORING BREATHWORK PRACTICES CAN BE A VERY MEANINGFUL WAY TO EXPERIENCE THE MAGNIFICENCE OF BREATH, WHICH IS OUR CONSTANT COMPANION ON THE JOURNEY OF LIFE, BRINGING LIFE FORCE ENERGY, PEACE AND VITALITY. THIS CLASS WILL INCLUDE A VARIETY OF BREATHING PRACTICES AND TOUCH ON THE SCIENCE OF BREATH FOR OPTIMAL BREATHING IN DAILY LIFE AND FOR RELAXATION. THE BREATHING PRACTICES WILL INCLUDE DEEP RELAXATION, GENTLE MOVEMENT, AND HEART COHERENCE BREATH MEDITATION. .

**ALL LEVELS ARE WELCOME AND PARTICIPANTS CAN BE SEATED OR LAYING DOWN FOR THE BREATHWORK JOURNEY.**

**About the instructor - Jillian Holy-Skaja has studied and shared yoga for over 20 years and breathwork for 6 years. Her practice and teaching are strongly influenced by the Himalayan tradition of yoga and meditation as well as her training in Transformations conscious connected breathwork.**

## **BREATHWORK JOURNEY FOR RELEASE AND VITALITY: 5/27 • 1:00 PM**

EXPLORING BREATHWORK PRACTICES CAN BE A VERY MEANINGFUL WAY TO EXPERIENCE THE MAGNIFICENCE OF BREATH, WHICH IS OUR CONSTANT COMPANION ON THE JOURNEY OF LIFE, BRINGING LIFE FORCE ENERGY, PEACE AND VITALITY. THIS CLASS WILL PRIMARILY CONSIST OF A GENTLE AND SUPPORTED CONSCIOUS CONNECTED GUIDED BREATHWORK JOURNEY. CENTERING PRACTICES WILL INCLUDE SOME GENTLE MOVEMENT AND BREATHING MEDITATION. EACH INDIVIDUAL EXPERIENCES BREATHWORK DIFFERENTLY AND WILL BE SUPPORTED BY THE INSTRUCTOR. SOME COMMON EXPERIENCES ARE FEELINGS OF PHYSICAL OR EMOTIONAL RELEASE, SENSATIONS OF ENERGY FLOW, OR FEELINGS OF CONNECTION TO SOURCE AND INNER PEACE.



Mission Board Sponsored

**Whitnall Park**

# Trash Clean-Up!

Together, We Clean, Together, We Care.

**5/31: Meet at GCC at 9:00 am**

We will carpool from church to Whitnall Park  
and pick up trash in the assigned areas.

Return to church at 11:30 for lunch.





GCC PRESENTS.....

# BEST

## FRIENDS CLUB



MEETS SUNDAYS JUNE 15,  
JUNE 29, JULY 13, JULY 27,  
AUGUST 10 IN THE  
COMMUNITY ROOM

6/15: FRIENDS! - THE BEST ROLE MODEL  
FOR FRIENDSHIP IS JESUS  
6/29: WHAT DOES IT MEAN TO BE A GOOD FRIEND?  
7/13: FRIENDS ARE FAITHFUL  
7/27: FRIENDS SHOW THE WAY TO KINDNESS AND LOVE  
8/10: FRIENDS STRENGTHEN ONE ANOTHER

SUMMER  
LEARNING  
2025



GCC MEN'S GROUP SPONSORED

# UKRAINE SUPPORT

## THROUGH TRAVELING COLONELS ORGANIZATION

### WHO ARE WE DONATING FOR?

We are collecting donations to purchase trauma first aid kits for Ukraine's frontline soldiers and field hospitals partnering with the Travelling Colonels and Medical Missionaries organizations

# MAY 4 - MAY 31

### DONATE 2 WAYS

[WEBSITE](#)

Click above or the QR code to the right to donate directly to CWS.

[CHECK OR CASH](#)

We accept cash and/or checks. Please make checks out to Greendale Community Church with "Ukraine Support" in the memo line.  
(Funds will be sent at the end of May)





# HERB GARDEN WALK

JUNE 26 • 10:00 AM

JOIN GREENDALE  
RESIDENT AND STUDENT  
OF HERBAL MEDICINE,  
WENDY LEHMAN ON A  
WALK THROUGH HER  
HERBAL GARDEN TO  
TOUCH, SMELL, AND  
LEARN ABOUT VARIOUS  
HERBS.



[GREENDALECOMMUNITYCHURCH.ORG/EVENTS](https://greendalecommunitychurch.org/events)