



Thursday, January 15, 2026

# Greetings,

Thursday January 15, 2026

I've been spending a lot of time at the hospital these days. Yesterday, while I was visiting a patient, a Medical Resident was called to that patient's room. She (the resident) was on the other side of the building, and when she arrived, she was out of breath, and I could just tell that she was not ready to talk about what the patient needed to talk about. So, I said, "I am giving you a three minute vacation!" She looked at me. I said, "Really! Take a deep breath and hold it while I count to four. 1, pause, two, pause, three, pause, four. Now let it out very slowly. Again." We did this a few times until the Medical Resident was calm. She said to me, "are you for real?" I said, "I am." Now you are calm, and relaxed, and able to hear what the patient needs to tell you." Three minutes.

My mind has been all over the place, and with everything going on around the country and the world, I find it very hard to focus. The three minute vacation – which I literally just thought up when the Medical Resident walked into the room, sounds like just the think I need during the day. Maybe we all do. A time to gather our breath, and our thoughts, and our prayers, and just be grounded, amidst all the swirling energy – negative and positive – around us.

## ***Here are some things to mark on your calendars...***

Pancake Breakfast The participants of the 2026 Intergenerational Mission Trip to Staten Island, New York will be hosting a Pancake Breakfast on Sunday, January 18, immediately following the service of worship. Available will be Pancakes (with butter and syrup), sausage, and fruit salad. Funds raised will help to defray the cost of vehicle rental for the trip which will take place July 31-August 8. Your support is greatly appreciated.

Thank You, Thank You, Thank You to all the people who stayed after church last Sunday to take the Advent and Christmas Decorations down. Your help is greatly appreciated.

Soup for Guest House tomorrow (January 16) Please bring homemade soup, in 2 Cup portions, frozen in a Ziploc Freezer bag. Have it to church by 10 a.m. on Friday morning, and we will make sure it gets to the men at guest House.

Vacation News Pastor Dave will be on vacation January 20-23, and will not be available by phone or by e-mail. His Daughter, The Reverend Carly Gaeth, will be covering for Pastoral Emergencies in his absence. Her phone numbers is (414)640-3543. You will, most likely, be directed to her voicemail. Simply leave a message and state that you are with Greendale Community Church, and she will call you back.

See you at Church!

***Peace, Pastor Dave***

# *Prayer Service for Unity and Peace*



**SUNDAY, JANUARY 18, 2025 • 3:00 PM**

**OUR LADY OF LOURDES CATHOLIC CHURCH**  
3722 S. 58<sup>TH</sup> STREET • MILWAUKEE

*Come join this community wide prayer service  
where we will pray for our neighbors, our  
country, our families, and our world*

PARTICIPATING CHURCHES INCLUDE GREENDALE COMMUNITY CHURCH, ST. ALPHONSUS CHURCH, ST. STEPHEN THE MARTYR LUTHERAN CHURCH, ST. LUKE'S LUTHERAN CHURCH, ST. THOMAS OF CANTERBURY EPISCOPAL CHURCH, EMANUEL UCC- HALES CORNERS, ADORATION LUTHERAN, AND OUR LADY OF LOURDES.

GREENDALE COMMUNITY CHURCH



SUN  
DAY

JANUARY 2026



WOR  
SHIP



**CLICK HERE TO WORSHIP**

GREENDALECOMMUNITYCHURCH.ORG



# HYGGE

## *Pathway to Joy*

The Danish people are some of the most happy people on the planet and they live in one of the darkest and dreariest of places on earth. Come and learn about the Danish art of Hygge and how despite the cold you can give in to this quiet, contemplative time of the year and find the gifts within.



WEDNESDAY, JANUARY 21 • 6:30PM • \$5  
GREENDALE COMMUNITY CHURCH

[www.greendalecommunitychurch.org/events](http://www.greendalecommunitychurch.org/events)

# Herbal Allies to Support the **IMMUNE SYSTEM**



*Now that we are in cold and  
flu system, come learn from  
Community Herbalist Wendy  
Lehman about how you can  
support yourself and your  
family to reduce the risk of  
getting sick, and to support  
yourself and your loved ones if  
you do become ill.*

**JAN 20 • 10:00AM**

## VALUES & VISIONS

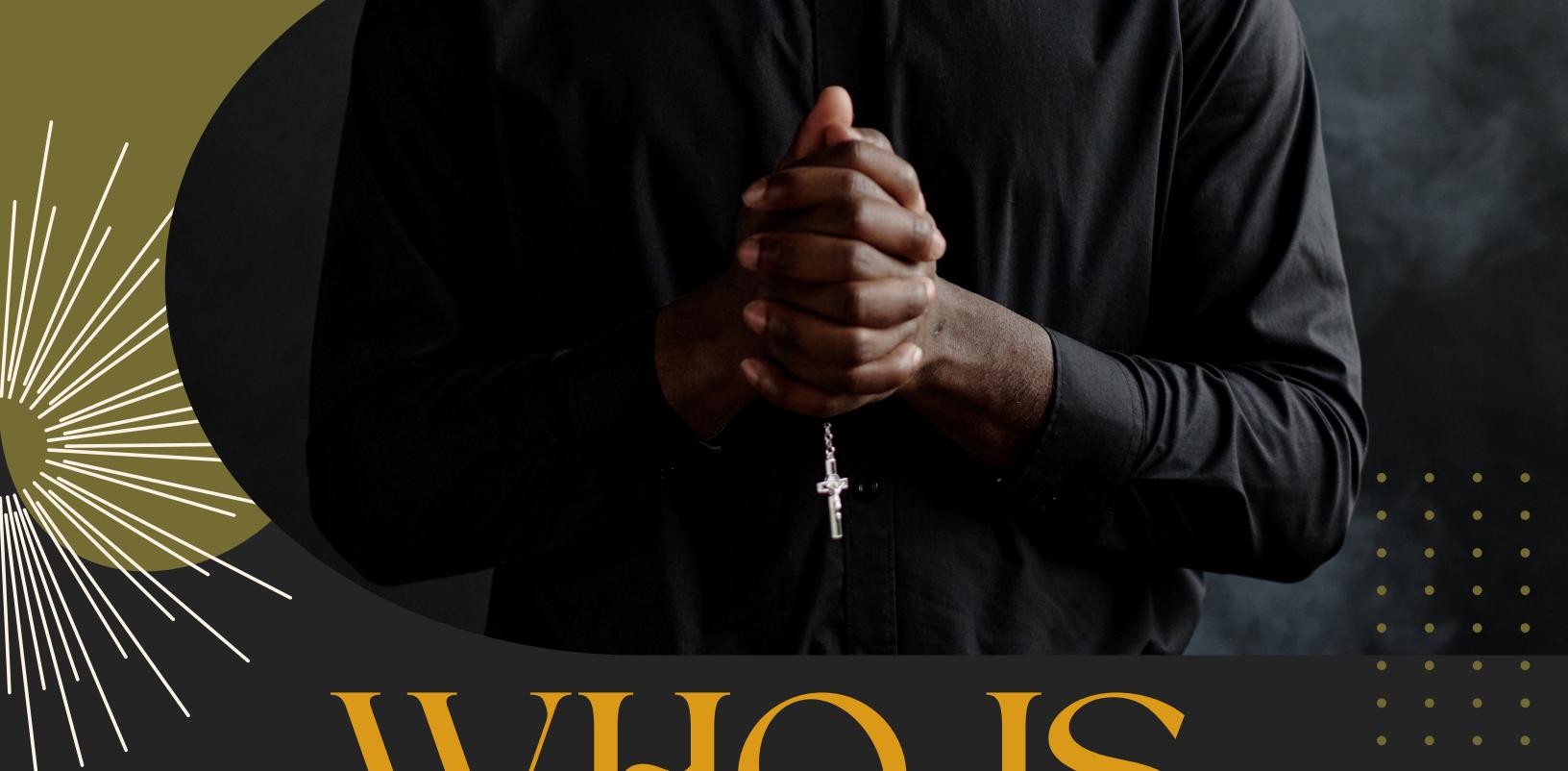
# NAVIGATING GRIEF IN THE WORLD TODAY

Political grief can occur when we experience a loss of safety, trust, or hope for the future because of government practices and/or backlash to enacted policies. Come join Grief Coach, Abigail Goelzer, in this supportive and inclusive setting to explore our emotions and find camaraderie.



**MONDAY, JAN 26 • 6:30PM-8:00PM**

Greendale Community Church  
6015 Clover Lane, Greendale



# WHO IS

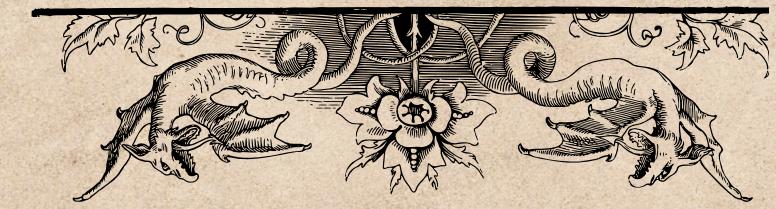
## *Holy Wisdom*

Who is Holy Wisdom? Philosophers have been pursuing wisdom for centuries. What is it? Who has it? And where does it come from? Throughout human history there are those who have dedicated their lives searching for Wisdom. Join us to discover who Holy Wisdom is.

**JAN. 27 AT 1:00 PM**

**\$5 suggested donation**

[www.greendalecommunitychurch.org/events](http://www.greendalecommunitychurch.org/events)



ADULT EDUCATION

2/4 • 3/18

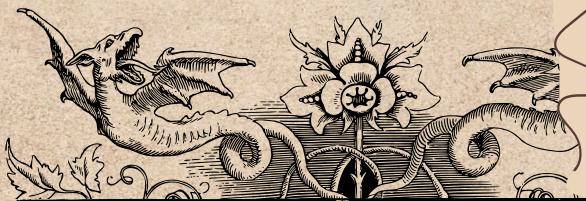
# ANCIENT SCHOOLS OF THOUGHT SERIES

6:30 PM - 8:00 PM

IN ANCIENT GREECE, PEOPLE DEVELOPED DIFFERENT SCHOOLS OF THOUGHT TO UNDERSTAND LIFE, KNOWLEDGE, AND HOW TO LIVE WELL. THESE EARLY WAYS OF THINKING STILL INFLUENCE HOW PEOPLE STUDY PHILOSOPHY AND LIVE TODAY. WE WILL EXAMINE STOICISM, EPICUREANISM, AND OTHERS IN THIS 2 PART SERIES.

\$5 SUGGESTED DONATION

[WWW.GREENDALECOMMUNITYCHURCH.ORG/EVENTS](http://WWW.GREENDALECOMMUNITYCHURCH.ORG/EVENTS)



Values and Visions

# Solidarity Cinema Night

## **THE ENCAMPTMENTS WITH OUR FRIENDS AT USPCN**

"The Encampments" explores the 2024 Palestine solidarity campus encampments at Columbia University and other pro-Palestinian protests on university campuses, such as the Palestine solidarity encampment at the University of California, Los Angeles. The film features some leaders of the protests at Columbia, including Mahmoud Khalil, Grant Miner, and Sueda Polat. It originally premiered on March 25, 2025. Run time 1 hour : 21 min.



**MONDAY FEB 23  
6:30PM-8:00PM**

**Greendale Community Church  
6015 Clover Lane, Greendale**

[www.greendalecommunitychurch.org/events](http://www.greendalecommunitychurch.org/events)