Greetings,

It's May, and the trees are begging to green, and the bulb flowers are blooming, and folks are out in their perennial flower beds getting things ready for summer. It's a wonderful time. All of the tending going on. In Church, we are in these cycles of stories – in Luke's gospel and in John's gospel – called Post-Resurrection stories, or stories in which Jesus appears to people after the resurrection. When Jesus does this, he talks to the people about how to tend to things in his absence. Isn't that wonderful. Here we are in the caretaking, tending time of year, and we have all of these tending type of stories. It's wonderful how these things match up! It poses the question: what are you tending these days? How are you doing at it?

Here's what's coming up in the life of the church:

Sandwiches for Guest House Friday, May 9, is the first day that we will make sandwiches for Guest House. We make approximately 200 sandwiches each month, May through September, which they give away to folks as they drop in during the day. Sandwich making begins at 9:00 a.m. (and we promise not to start until 9:00 a.m., so if you get here early, you'll be forced to have a cup of coffee and chat a while). Remember, many hands make light work.

Ordination of Carly Gaeth Carly's Ordination will take place on Sunday, May 18, at 3:00 p.m. Everyone is invited to attend. If you are planning on staying for dinner, you must e-mail Pastor Dave by 5:00 p.m. on Sunday, May 4, as the caterer is being contacted first thing Monday morning. If you would like to help out with the ordination, there are a number of ways to participate: 1) we still need one more usher, 2) We need greeters to welcome people and help guests not familiar with Greendale Community Church find their way through the building, 3) We need kitchen helpers (Leslie Kunde will send out an e-mail to all folks who volunteer for the kitchen with more details. This e-mail will go out on Wednesday, May 7), and 4) we need bakers to make desserts for the dessert trays that will go on each table. You may sign up for one or all of these things to the left of Pastor Dave's office door.

Summer Events and Activities: Summer is Approaching but the calendar at Greendale Community Church is NOT slowing down. Please check out the website to see all that is happening here during the summer months. https://www.greendalecommunitychurch.org/events

Peace, Pastor Dave

GREENDALECOMMUNITYCHURCH



MAY 4, 2025



CLICK HERE TO WORSHIP GREENDALECOMMUNITYCHURCH.ORG

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GCC Activities April 24 - April 30

2 FRIDAY

Bunco 6:30 PM



Таі Chi 9:00 АМ



Special Speaker:Real Palestinian Life Stories: Life Under Apartheid 6:30 PM



Restoratvie Yoga 6:30 PM - 7:30 PM



Restorative Yoga 9:15 AM - 10:15 AM



GCC MEN'S GROUP SPONSORED

UKRAINE SUPPORT THROUGH TRAVELING COLONELS ORGANIZATION

WHO ARE WE DONATING FOR?

We are collecting donations to purchase trauma first aid kits for Ukraine's frontline soldiers and field hospitals partnering with the Travelling Colonels and Medical Missionaries organizations

MAY 4 - MAY 31

DONATE 2 WAYS

<u>WEBSITE</u>

Click above or the QR code to the right to donate directly to CWS.

CHECK OR CASH

We accept cash and/or checks. Please make checks out to Greendale Community Church with <u>"Ukraine Support"</u> in the memo line. (Funds will be sent at the end of May)





VALUES AND VISIONS WELCOMES

USPCN US PALESTINIAN COMMUNITY NETWORK MILWAUKEE

Real Palestinian Life Stories: Life Under Occupation/Apartheid

Come join 2 speakers from the USPCN Milwaukee Chapter as they share their personal stories of living under occupation.

MAY 5 6:30 PM

FREE WILL OFFERING APPRECIATED REGISTER AT:

<u>WWW.GREENDALECOMMUNITY</u> CHURCH.ORG



Spring Into 14 Wellness fair 202

6:30 PM-8:30 PM GREENDALE COMMUNITY CHURCH 6015 CLOVER LANE • GREENDALE

Wellness is the complete integration of body, mind, and spirit - the realization that everything we do, think, feel, and believe has an effect on our state of well being. Come join us at this FREE event as we SPRING forward into wellness!

PRESENCE PRIMARY CARE: COMPREHENSIVE PRIMARY CARE FOR ALL

KATHRYN RAMBO: SOUND PRACTITIONER PRANA HOLISTIC WELLNESS SERVICES: NUTRITION CONSULTATIONS & WELLNESS CLASSES JAMIE MULLEN YOGA: YOGA CLASSES AND RETREATS CHI, TREES, AND OILS: A COLLECTIVE OF HEALERS & HELPERS WENDY LEHMAN: HERBALIST MUSKEGO HEALTH AND WELLNESS: CHIROPRACTIC AND ACUPUNCTURE GREENDALE VILLAGE VET: PET HEALTH AND WELLNESS ONE 19 TRAVEL: BEST DAY EVER VACATION PLANNING PATHWAYS TO HEALING: HOLISTIC THERAPY FOR ANXIETY, DEPRESSION, PTSD, AND ADDICTION RECOVERY GARNET AND THE MOON: A DIFFERENT PARADIGM FOR GRIEF Please register at: www.greendalecommunitychurch.org/events





BREATHING FOR BALANCE AND RELAXATION: 5/20 • 1:00 PM

EXPLORING BREATHWORK PRACTICES CAN BE A VERY MEANINGFUL WAY TO EXPERIENCE THE MAGNIFICENCE OF BREATH, WHICH IS OUR CONSTANT COMPANION ON THE JOURNEY OF LIFE, **BRINGING LIFE FORCE ENERGY, PEACE** AND VITALITY, THIS CLASS WILL INCLUDE A VARIETY OF BREATHING PRACTICES AND TOUCH ON THE SCIENCE OF BREATH FOR OPTIMAL BREATHING IN DAILY LIFE AND FOR **RELAXATION. THE BREATHING** PRACTICES WILL INCLUDE DEEP RELAXATION, GENTLE MOVEMENT, AND HEART COHERENCE BREATH MEDITATION.

ALL LEVELS ARE WELCOME AND PARTICIPANTS CAN BE SEATED OR LAYING DOWN FOR THE BREATHWORK JOURNEY.

About the instructor - Jillian Holy-Skaja has studied and shared yoga for over 20 years and breathwork for 6 years. Her practice and teaching are strongly influenced by the Himalayan tradition of yoga and meditation as well as her training in Transformations conscious connected breathwork. WWW.GREENDALE COMMUNITYCHURCH.ORG /EVENTS

BREATHWORK JOURNEY FOR RELEASE AND VITALITY: 5/27 • 1:00 PM

EXPLORING BREATHWORK PRACTICES CAN BE A VERY MEANINGFUL WAY TO EXPERIENCE THE MAGNIFICENCE OF BREATH, WHICH IS OUR CONSTANT COMPANION ON THE JOURNEY OF LIFE, **BRINGING LIFE FORCE ENERGY, PEACE** AND VITALITY. THIS CLASS WILL PRIMARILY CONSIST OF A GENTLE AND SUPPORTED CONSCIOUS CONNECTED GUIDED BREATHWORK JOURNEY. CENTERING PRACTICES WILL INCLUDE SOME GENTLE MOVEMENT AND **BREATHING MEDITATION, EACH** INDIVIDUAL EXPERIENCES BREATHWORK DIFFERENTLY AND WILL BE SUPPORTED BY THE INSTRUCTOR. SOME COMMON EXPERIENCES ARE FEELINGS OF PHYSICAL OR EMOTIONAL RELEASE. SENSATIONS OF ENERGY FLOW, OR FEELINGS OF CONNECTION TO SOURCE AND INNER PEACE.



Mission Board Sponsored

Whitnall Park

Trash Clean-Up!

Together, We Clean, Together, We Care.

Meet at GCC at 9:00 am

We will carpool from church to Whitnall Park and pick up trash in the assigned areas. Return to church at 11:30 for lunch.

HERB CARDEN VALK

JUNE 26 • 10:00 AM

JOIN GREENDALE RESIDENT AND STUDENT OF HERBAL MEDICINE, WENDY LEHMAN ON A WALK THROUGH HER HERBAL GARDEN TO TOUCH, SMELL, AND LEARN ABOUT VARIOUS HERBS.



GREENDALECOMMUNITYCHURCH.ORG/EVENTS