

GRIEF CIRCLE

"Our grief is as individualized as our lives."
-famed psychologist Elisabeth Kuebler Ross

Grief is a powerful experience. Some of us grieve because we have lost people in our lives that we love. Some of us grieve because people we love are sick. Some of us grieve because the world is changing and it is hard to keep up. Grief circle is a safe space to share your grief and find some peace in the process.

1/19 • 2/16 • 3/16 • 4/20 • 5/18

6:30 PM