

Greetings,

Thursday October 23, 2025

What a joy this past Sunday was! To be able to begin our time together (before the bells rang, before we were formally called to worship) with a parody of a Broadway showtune, to remind us that we are in Stewardship season. And then, to receive twelve people into membership – what a blessing that is to all of us. I hope that over the coming weeks that all of you will take the time to get to know them and their stories of where they come from and why they are journeying with us.

This coming Sunday is Pledge Sunday. I know that at sometime or another over the past twenty-nine years I have told this story before, but it bears repeating. When my children were young, and I used to gather on Fridays outside of the doors of The Milwaukee German Immersion School to retrieve Brennan and Carly from school, I would be in conversation with some of the other dads who were also picking up their children. Talk always went to what each person was going to do over the weekend. Invariably, some father, in a semi-bemoaning fashion would say “I have to watch my kids this weekend.” When it became my turn, I would say, “I get to watch my kids this weekend.” I always felt that it was a blessing to be a parent (well, most of the time – there were a few moments when I wanted to escape), therefore, spending time with my children was an honor, and not a task, and invariably something delightful occurred. That experience has actually shaped my views on Stewardship and giving to the church. I have the privilege of being a part of this amazing congregation. How wild is that? Not everyone can say that!! (Though they are certainly welcome!) And, what’s more, I have the privilege of being able to give my financial support to this congregation to make sure that it endures into Future and continues to do important work. How amazing is that?!?! I hope that you feel the same!!!

Here are some things coming up...

A Big Thank You to my five other cohorts who participated in “The Offering Plate Tango” this past Sunday – Amy, Brett and Aubrey Meyer, Elizabeth Gaeth, and Kathleen Ariens. For those who were wondering, “The Offering Plate Tango” was lovingly ripped off from “The Cell Block Tango” written by Kander and Ebb for the musical “Chicago”.

Pledge Sunday is this Sunday, October 26. Pledge Packets have been mailed to your home. If, for some reason, your packet did not make it to your home, we will have extra pledge cards and electronic giving forms at the Ushers Station on Sunday.

Festival of All Saints Sunday November 2 Each year, we remember those who have died – members of the church, and members of our extended communities. Last week, our All Saints list was e-mailed to the congregation. We have received a few updates. We are re-attaching it to this e-mail. If you have someone who has died between the dates of November 1, 2024 and October 31, 2025, please feel free to add their names to the list. On November 2, their name will be read, a bell tolled in their remembrance, a candle lit, a memorial prayer will be shared, and the congregation will sing “Shadows” as we remember these saints.

Values and Visions: 10/27, 6:30pm, Sustaining the Activist Series: Join Wendy Lehman and Jackie Schultz for this discussion about wellness modalities that help with stress. Believe it or not, you are now an activist! With that comes a responsibility to yourself as well as the people you champion. We will also be discussing our Pollinator Peace Garden Project.

Adult Ed: Letting Go Of Chronic Pain 10/28, 1:00pm-3:00pm

Kathryn Rambo and Wendy Lehman: Did you know that pain is not just a message from injured tissues to be accepted at face value, but it is really a very complex experience that is thoroughly tuned by your brain? Come learn how herbal medicine and other healing modalities can help reduce pain.

Our Ongoing Events are as follows: Tai Chi: Monday 9:00am, Community Yoga: Tuesday 6:30pm and Thursday at 9:15am

For more information and to register for our adult ed opportunities go to our website at www.greendalecommunitychurch.org/events

SEE YOU ON SUNDAY!

Peace,
Pastor Dave

GREENDALECOMMUNITYCHURCH



SUNDAY

OCTOBER 2025



WORSHIP

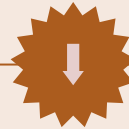


[CLICK HERE TO WORSHIP](#)

GREENDALECOMMUNITYCHURCH.ORG

VALUES & VISIONS

SUSTAINING THE ACTIVIST SERIES



THE CONCEPT OF SELF-CARE OFTEN FEELS LIKE A BUZZWORD, SOMETHING OPTIONAL.

BUT FOR SUSTAINABLE ACTIVISTS, INDIVIDUALS DEEPLY COMMITTED TO SOCIAL JUSTICE, IT'S ANYTHING BUT. IT'S A SURVIVAL STRATEGY, A FUNDAMENTAL PILLAR THAT SUPPORTS THE ABILITY TO CONTINUE FIGHTING FOR A BETTER WORLD. JOIN WENDY LEHMAN AND JACKIE SCHULTZ FOR THIS DISCUSSION ABOUT WAYS TO CONTROL YOUR STRESS. SPECIFICALLY THE TAPPING TECHNIQUE, EFT, AND PROTECTING YOUR ADRENALS FROM BURNOUT.

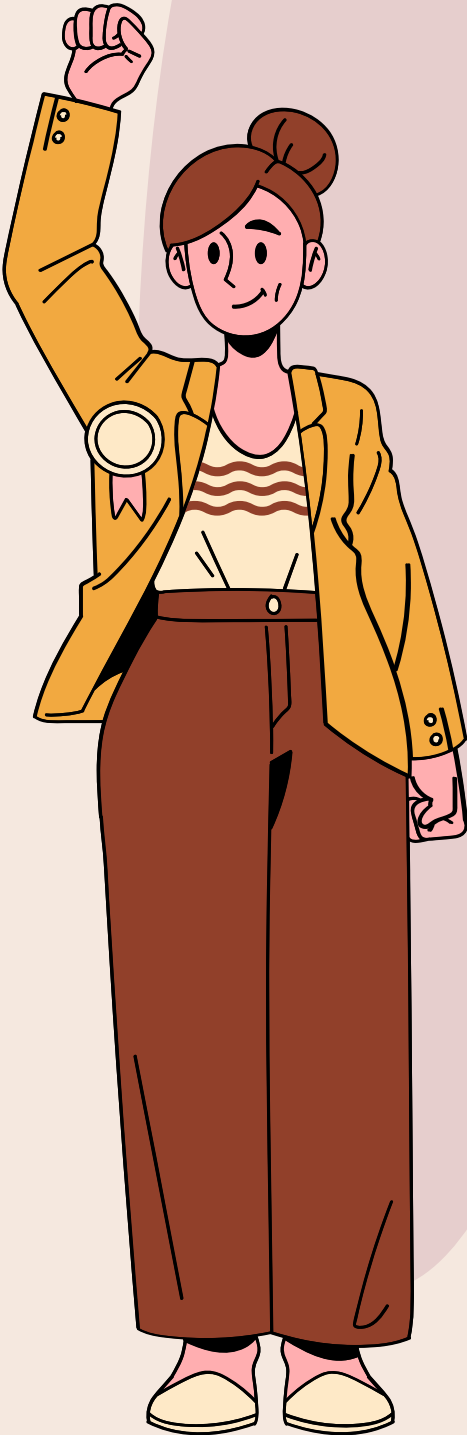
MONDAY

10.27.25

6:30PM-8:00PM

GREENDALE COMMUNITY CHURCH
6015 CLOVER DRIVE, GREENDALE

WWW.GREENDALECOMMUNITYCHURCH.ORG/EVENTS



LETTING GO OF CHRONIC PAIN



Did you know that pain is not just a message from injured tissues to be accepted at face value, but it is really a very complex experience that is thoroughly tuned by your brain? We will begin by looking at what pain is, how it is similar to the check engine light in your car that never turns off. The problem is not your engine – it's the light. We will learn how herbal medicine can reduce pain because of their natural anti-inflammatory and analgesic properties. Herbs have a long history of use for pain relief and this is now supported by scientific research. We will also explore how tuning forks, especially those with lower frequencies, can also help reduce pain by decreasing muscle tension, stimulating the release of endorphins and potentially reduce inflammation.

October 28
1:00pm



Values & Visions

Together We Care Drive

Supporting families in the Chicagoland area that are impacted by ICE with dignity and care.

**Thursday, October 9 to
Sunday, November 9**

There is quite a lot of fear currently in the Chicagoland area due to ICE raids. People are nervous to go to public spaces like stores and libraries. So, local food pantries are getting hit hard and there is an effort to stock local little free libraries so people still have access to books. We are looking for the following donations:



Non-perishable food items

Non-perishable foods are items that can be stored for long periods without spoiling.

New or used books

Adult and children's books

Items can be placed in the appropriately labeled bins under the coat racks.